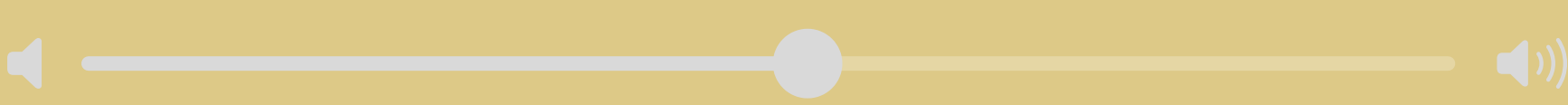




# Michigan Medicine's Playlist

Curated by Faculty, Staff & Learners



# Feel Good Playlist



Curated by Faculty, Staff & Learners

*Fantastic Baby*  
Big Bang

*Come Alive*  
Dante Bowe

*Good to be me*  
Uncle Kracker

*La vida es un carnaval*  
Celia Cruz

*Tank!*  
Seatbelts

*The Key*  
JMMJ

*Joy*  
For King and Country

*The Celebration Song*  
Brock Berrigan

*Blister in the Sun*  
Violent Femmes

*Here Comes the Sun*  
The Beatles / George Harrison

*Shake Me Like a Monkey*  
Dave Matthews Band

*My Favorite Wine Is Tequila*  
Michael Franti & Spearhead

*Birdhouse in your soul*  
They Might Be Giants

*I Love Rock N' Roll*  
Joan Jett & The Blackhearts

*Dynamite*  
BTS

*Happy*  
Pharrel

*Lovely Day*  
Bill Withers

*I'm Real*  
J.LO

*These Are Days*  
10,000 Maniacs

*My girl*  
The Temptations

*Three Little Birds*  
Bob Marley

*Don't Worry Be Happy*  
Bobby McFerrin

*Surrounded*  
Michael W. Smith

夏の幻  
Omoinotake

*Can't Stop the Feeling!*  
Justin Timberlake

*The Lover's Waltz*  
Jay Ungar & Molly Mason

*This is Me*  
Soundtrack of The  
Greatest Showman

*House of the rising sun*  
Five Finger Death Punch



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*good 4 u*  
Olivia Rodrigo  
*Kings and Queens*  
Avamax

*Love Shack*  
N-52's  
*Calendar Days*  
Knuckle Puck

*Any 1960s Motown Songs!*

*Burn The House Down*

AJR

*This group was introduced to me by a coworker. He suggested that I watch the video on youtube of how they created this song and a few more of their popular songs. I've been hooked on their music ever since...lol!!!*

*Love Alone is Worth the Fight*

Switchfoot

*I was lucky enough to attend a record release party/full rock concert for my favorite album (Switchfoot's Where the Light Shines Through) in 2016 on the deck of a dinner cruise boat in the San Diego harbor at sunset. It was a private event with only 200 people, and the band also sang me happy birthday.*

*Stay Gold*

First Aid Kit

*I saw this band in concert at St. Andrews Hall in 2015 without really knowing them prior to attending and just fell in love with them instantly. Twisting the lyrics, it makes me think my grandpa as he was a gold miner back in 60's/70's so I even got a tattoo of the words.*

*Bam Bam*

Sister Nancy

*The lyrics and atmosphere of this song are a great inspiration to me, as a female DJ.*

*Yanni "Rainmaker" Live, The Concert Event 2006*

*His concerts took place worldwide and followed a simple concept that Love is the greatest power on earth. It conquers all things and that beautiful people do not just happen. The most beautiful people in the world are those who have known defeat, known suffering, known struggle, known loss, and have courage to find their way out of the depths. These persons have an appreciation, a sensitivity and an understanding of life that fills them with compassion, gentleness, and a deep loving concern of all humanity. Yanni has handpicked each member of his orchestra from the world's top performers and refers to them as the "United Nations" as they come from all walks of life, backgrounds and experiences from all over the world.*

<https://www.youtube.com/watch?v=Gb2D-fQiHLI>

# Feel Good Playlist

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## September

### Earth Wind and Fire

*It's impossible to be in a bad mood when listening to this song!*

### China Cat Sunflower

### Grateful Dead

*I first saw the Grateful Dead at the then Pine Knob (now DTE) Music Theater back in 1991. I couldn't get over the sight of sheer joy and happiness of 16,000 fans dancing a jig or psychedelic hoedown in the seats and on the lawn. It was an amazing experience so different than the usual "stand and cheer" exercise of most concerts. I've since come to enjoy the band's entire history and catalog of albums. Highly recommended to the skeptical!*

### I Know That I'm In Love

### Chee Chee & Peppy

*They were at the first concert I ever attended...I was about six years old.*

### Glad you Exist

### Dan + Shay

*Reminds me of family*

### Paprika

### Japanese Breakfast

*This song was released earlier this month and I can't stop listening to it. The song is about the magic of music and is an incredible first track to a beautiful album (Jubilee).*

*Twenty One Pilots was the opening act for a free concert my school put on in 2012, Now they're one of the top Alternative bands in the world.*

*Concerts are a great way to let go and be yourself! I love going to Korn concerts. They put on a good show and I love to head bang and get into a mosh pit!*

*I attended a Mercedes Sosa concert in Boston in the 90's. Her deep, rich voice captures the heartaches of the oppressed while mesmerizing the listener with the lingering beauty of its sound that echoes the joys and pains of humanity.*

# Motivation Playlist

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*Looking Out*  
Brandi Carlile

*Ba Man Sanama*  
Homayoun Shajarian

*Non, Je ne regrette rien*  
Edith Piaf

*Extreme*  
Plush Deathly

*Carry On*  
FUN.

*Nessun Dorma*  
Luciano Pavarotti

*Life Uncommon*  
Jewel

*Lean on Me*  
Bill Withers

*Get Over It*  
Eagles

*Bigger*  
Beyonce (Lion King)

*We are the World*

Michael Jackson/Lionel Richie

*Makes you feel like people can pull together no matter where you are.*

*Paperback Writer*

The Beatles

*I listened to every Beatles album every time I drove home from college. I could gauge how far I was from home based on where I was in the rotation.*

*We all bleed the same*

Mandisa and TobyMac

*Reminds us all to look past the outside color of a person's skin & focus on the love on the inside!*

*Somewhere Over the Rainbow*

Judy Garland | but Israel Kamakawiwo'ole does a great job with Over the Rainbow/What A Wonderful World

*The Wizard of Oz is one of my favorite movies. It was way ahead of it's time with the cinematography. I also love the change to color and then back to black and white. I love Judy Garland's voice (she was a teenager when this was filmed), and feel sorry how she was taken advantage of and abused by Hollywood.*

*The story/moral is timeless: "you had the power (to go home) all along, dear, you just had to learn it for yourself."*

# Motivation Playlist

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## *Say I Won't*

### *Mercy Me*

*My best friend's husband was in a horrific car accident on 12/26/2021. This song has become his motivational and inspirational song. He has been in the hospital more than he has been home since the accident. Fighting in many different ways physical, mental and emotional. This song gives them both hope.*

## *Islands in the Stream*

### *Kenny Rogers (written by Bee Gees)*

*About this song and Kenny Rogers. During high school in Romania, our English teacher told us that the best way to learn a new language is to sing along a song(s) in that language. Her favorites were Kenny Rogers and John Lennon. So I got to know a lot of Kenny Rogers songs. About 10 years later, in US now, on a Sunday while driving home from visiting family, I hear an ad on the radio promoting Kenny Rogers at Pine Knob for the night, with tickets available. I could not believe it; I had to go; It was one of the most memorable nights; I was able to sing along most of the songs and it was great.*

## *We Didn't Start The Fire*

### *Billy Joel*

*I feel this song has quite a bit of relevance to world issues today*

*Well, there was the time I gave myself hospitalization-worthy whiplash at a Jesus & Mary Chain show. But, more fun and less painful, a coworker gave a friend and I last-minute tickets to see Tony Bennett. We were late and didn't expect the usher to keep leading us to 3rd row. Center seats meant half the row had to stand up to let us by. Mr. Bennett (who we did not know) stopped the show, greeted us, said he was glad we could make it, told us to go ahead and get settled and just let him know when he could re-start the show. After intermission, he noticed the empty seat beside me and asked if he should wait for my friend to return. I blurted out that they weren't coming back. He seemed startled by that. "They didn't like the show?" I explained they worked nightshift. The next day by email and phone, I learned 8 people I knew were also at the show. Embarrassing, but good humored, memorable fun.*



# Reflect/Relax/Chill/Focus Playlist

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*Matadjem Yinmixan*

Tinariwen

*Take it Easy*

Eagles

*Wanderlust*

David Sylvian

*Villa Lobos (and Sally Terry)*

Bachianas Brasileiras No 5.

Violin & Guitar

*Overwintering*

Corwin Trails

*Any pan-flute music*

Any Indigenous

American group at the

Ann Arbor Art Fairs

*Affirmation*

George Benson

*Rise*

Herb Alpert

*The Sunny Side of Heaven*

Fleetwood Mac

*The Lucky One*

Alison Krauss

*Solitude*

Norberto Vergani

*Bees*

The Ballroom Thieves

*Everlong*

Foo Fighters

*Paint It Black*

Rolling Stones

*Don't Worry Be Happy*

Bobby McFerrin

*Forever in love*

Kenny G

*Imagine*

John Lennon

*Three Little Birds*

Bob Marley

*Don't Worry Be Happy*

Bobby McFerrin

*Be Kind*

Zak Abel

*Let Go*

Frou Frou

*Show*

inLu

*Come Out & Play*

Billie Eilish

# Reflect/Relax/Chill/Focus Playlist

Curated by Faculty, Staff & Learners

## *It's a Beautiful Day*

U2

*Come out of the hospital after a day's work, see the sun, put on headphones and walk to car.*

## *What's Going On*

Marvin Gaye

*Written after the racial unrest in Detroit, it always reminds me of that time in 1967, when I had to stay overnight with my then girlfriend's parents in Grosse Pointe because a curfew after 8 PM was declared, and then the next morning had to drive north to Port Huron to get back to Ann Arbor and medical school because all roads through Detroit were closed. A very sad time for Detroit from which it still hasn't recovered.*

## *Somewhere Over the Rainbow/What a Wonderful World*

Israel Kamakawiwo'ole

*This song always puts me in a relaxed mood. It's also a good song to listen to during winter. Israel, aka Bruddah Iz, lived in Hawai'i, so listening to this song during winter makes me feel warmer.*

## *Michigan and Again*

The Accidentals

*I'm a Michigander, and heard this song when I was not living in Michigan any more. It created Michigan images for me and is a sentimental, beautiful song that makes me proud to be from our mitten state. The band is from Traverse City, MI and during the pandemic created a recording studio in an attic in TC.*

## *Black Swan*

BTS

*This is a song about the fear of losing your passion as an artist. As an actor, I feel this song. I know what it's like to lose passion for your art. But the song is also optimistic because they state that even though they have that fear, they'll look inside and be reminded why they love it.*



# Romance/Love Songs Playlist



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*Un-thinkable*  
Alicia Keys f. Drake

*Zina*  
Babylone

*Stupidly Happy*  
XTC

*Just the Two of Us*  
Grover Washington, Jr.

*Gone Away*  
H.E.R

*Say Goodbye*  
Chris Brown

*Smash into You*  
Beyonce

*Breathe Again*  
Toni Braxton

*Creep*  
TLC

*Soon As I Get Home*  
Faith Evans

*Rock Steady*  
The Whispers

*Cater 2 You*  
Destiny's Child

*Baby Be Mine*  
Michael Jackson

## *Summer*

### *The Carters*

This song was the theme of my wedding weekend and my husband walked down the aisle to Jay-Z's part. It was so magical.

### *Power of Goodbye*

#### Madonna

*This song gives me the strength to move on. Every time I felt low, I listen to this song. This song is truly timeless!*

### *Ordinary Love*

#### Sade

*Not all seats in front filled in arena, so they let us sit really close.*

### *Angel of Mine*

#### Monica

*This song was one of me and my cousin's favorite songs. My cousin tragically passed away a few years ago so now the song has a deeper meaning.*

# Romance/Love Songs Playlist



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## *Answer*

**Sarah McLaughlin**

*My partner and I sang Answer by Sarah McLaughlin to each other at our wedding.*

## *Sodade*

**Cesario Evora**

*I worked as an usher for the Ark when Cesario Evora was touring in the mid-90's and I'd never heard ANYTHING like her before. That luscious beautiful buttery voice and the beat was absolutely divine! She is a Cape Verdian TREASURE!!! This is my go to relax & think romantic thoughts album, and has remained so for two decades.*

## *God Gave Me You*

**Blake Shelton**

*This is my wife and my wedding song. I have always known that there was a higher power that brought my wife to me and this song just sums it up perfectly!*

## *Don't Go*

**Mary J. Blige**

*I drove 12 hours from Atlanta to Michigan in a snow storm, listening to Mary J. Blige. Her album got me home.*

# 'Other' Playlist

Curated by Faculty, Staff & Learners

## *He Knows My Name*

*Francesca Battistelli*

## *Dance with my Father*

*Luther Vandross*

I lost my father in 2017, then my Godfather in 2018. They both showed me what love was. I'm a Daddy Girl. This song makes me feel like a little girl dancing with them, like I did as a child.

## *Nautical Disaster*

*Tragically Hip*

*The Tragically Hip is an iconic Canadian band, a staple in Canadian culture and history and loved by many. My father sang and continues to sing many of their songs. Gord Downie, the lead singer, died recently; it was a sad day in Canada: <https://www.rollingstone.com/music/music-news/tragically-hips-gord-downie-dead-at-53-203369/>*

## *Bohemian Rhapsody*

*Queen*

*So emotional -- makes me cry every time. And I'm not the only one.*

## *Un Bel Dei*

*Puccini*

*Pure childhood summer nostalgia. I would beg my Mom to sing this because every time she did the dogs would howl. Now I know it is because Mom was born with perfect pitch and hit the high note with such ease and clarity as to make Verdi proud. I can still feel the summer air as Mom would sing inside and I would sit below the window with my dog, Hercules.*

## *Famous Last Words*

*My Chemical Romance*

*This was one of the first songs that introduced me to the emo scene when I was in middle school back in 2006/2007.*

## *The Hearse*

*Mustafa the poet*

*This song helped me navigate my grief during the genocide against the Palestinian people. "You know how that hate goes...we use to wear the same clothes." Civilians have to pay the price of unjustified hate.*