



# Grief Awareness List of Events

4.16.21

## **And When I Die: Navigating End-of-Life Wishes in a Healthcare Setting for Patients, Families, and Staff**

(National Healthcare Decisions Day)

11 a.m. - 12 p.m.

Ethical principles, value-based decision-making, and how to navigate conflicts between patients' autonomy and healthcare professionals' obligations to beneficence and non-maleficence. In addition, content regarding state of Michigan Funeral Representative Law will be presented reinforced by case examples discussion and review of interventions to educate patients about the benefits of preparing these documents.

*(1.0 CEs offered for nursing and social work and CME)*

5.3.21

## **Schwartz Rounds: When Grief Returns: Trauma Informed Care During a Crisis**

12 p.m. - 1 p.m.

Monthly forum for healthcare professionals to address the social and emotional aspects of healthcare. This month's topic will be grief, loss, and trauma-focused.

*(1.0 CEs offered for nursing and social work)*

5.19.21

## **Discovering Compassion in Loss: Building Sustainability for All**

1 p.m. - 5 p.m.

This ½ day conference is a way to recognize professional grief, which is frequently experienced but often hidden, while also building knowledge and skills in grief and loss related to death and non-death loss. By embracing healthy coping behaviors and a supportive work culture, we hope to decrease compassion fatigue, mitigate occupational stress and burnout, and increase the joy and fulfillment in this type of work. Our 2021 lineup includes the following presentations.

- Delivering Bad news: The Art of Compassionate Communication—Aimee Vantine & Lisbeth Harcourt
- Coping and Self-Care: In the Midst of Life and Loss—Susan Burgess & Lisa Evans
- Unit Based Interventions: Teams Taking Care of Each Other
  - Code Lavender: LaToya Freeman & Emily Mimnaugh
  - Therapeutic Movement: Megan Sims
  - Unit Based Compassion Rounds: Josette Schembri

*(4.0 CEs offered for nursing and social work)*

5.25.21

## **Culture as a Lens into Grief (An Office of Patient Experience & Interpreter Services collaboration)**

1 p.m. - 2:30 p.m.

Participants will view a film of interviews with family members of Michigan Medicine Limited English Proficiency(LEP) and American Sign Language(ASL) deceased patients followed by a panel discussion of interpreters.They will describe ethical dilemmas within different cultures, how to navigate patient/family experience during end of life events and considerations of culturally conscious care. After completing the course, the attendees will be able to explore cultural differences related to end of life events and grief/loss situations, examine the basics of medical interpretation and discuss how to contact and interact with Michigan Medicine interpreters and LEP/ASL patients. The target audience is all faculty, staff, and learners at Michigan Medicine. *(1.5 CEs offered for nursing and social work)*

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## **A Space for Healing: Honoring our Experiences with COVID**

Wednesday, May 5 from 5 p.m. - 6 p.m.

Thursday, May 13 from 10 a.m. - 11 a.m.

Monday, May 17 from 12 p.m. - 1 p.m.

Tuesday, May 25 from 3 p.m. - 4 p.m.

Michigan Medicine Faculty and Staff are invited to participate in this session to acknowledge our experiences and connect with others who have endured losses over the past year, including the deaths of loved ones, loss of stability, job changes, and loss of connection. This session will include mindful moments and time to recognize our emotional landscape during the pandemic, as well as ways to cope with loss and build resilience.

Please register for one session from the dates above. Number of participants per session will be limited in order to encourage discussion and interaction. The Zoom Link will be sent after registration from EventBrite. Please check your spam folder if you haven't received it.

[Click here to register for A Space for Healing](#)

*For any questions, please contact: [counseling@med.umich.edu](mailto:counseling@med.umich.edu).*

## Virtual Grief and Healing Wall All Month Long

Honoring Life and Loss: A special project to encourage staff, faculty, patients, families, and all caregivers to share expressions of grief, loss, healing, and hope.

Despite our distance, we all have universal experiences of loss. Finding new ways to connect and show support is very important during this time. Please share your thoughts, messages, and other expressions of grief and hope virtually.

All messages will be collected and displayed by Gift of Arts volunteers and staff on the 2nd Floor windows throughout the health system during the month of May.

[Click here to enter your message grief wall.](#)

You may also use the QR code. 



## Hamsa Hands & Story Studio - Gifts of Art offerings for Grief Awareness Month

The Hamsa Hand art kit is FREE for Michigan Medicine faculty, students and staff. The ancient hamsa symbol of an open right palm is considered a sign of protection and good fortune. Many faiths see it as a symbol of prosperity, peace and happiness. On Thursday, May 20, 2021, 12:00-12:30 pm, Gifts of Art Bedside Art Coordinator Elaine Reed will share a video about the FREE Hamsa Hands art kits; and Sam Vandiver and Ami Walsh, Gifts of Art current and past writers-in-residence, will share a sample Story Studio audio recording from a Michigan Medicine staff member. Hamsa Hands art kits and Story Studio recording sessions are both available free for faculty, staff and learners during the month of May for Grief Awareness Month. Zoom meeting registration: <https://michmed.org/O5rX8>



For your FREE Hamsa Hand art kit pick-up info, video, and artwork sharing instructions, visit: [www.med.umich.edu/goa/hamsa.htm](http://www.med.umich.edu/goa/hamsa.htm).

To participate in *Story Studio: Reflections on COVID*, one-on-one recordings and complimentary editing services to create polished 2-5 minute shareable stories, visit [www.med.umich.edu/goa/storystudio.htm](http://www.med.umich.edu/goa/storystudio.htm)

\*Please register for any of the preceding events by visiting the following website and clicking on the event within the calendar: <https://iteams.med.umich.edu/umhhc/oda/Lists/Calendar/calendar.aspx>