



Michigan Medicine Reading List



NON-FICTION

Anxious People

by Fredrick Bachman

Bad Blood

by John Carreyrou

Born a Crime

by Trevor Noah

Braiding Sweetgrass

by Robin Wall Kimmerer

Bringing Up Bebe: One American Mother

Discovers the Wisdom of French Parenting

by Pamela Druckerman

Caste: The Origins of Our Discontents

by Isabel Wilkerson

Designing Destiny

by Kamallesh Patel

Educated

by Tara Westover

Everything in Its Place: First Loves and Last Tales

by Oliver Sacks

How to Be an Antiracist

by Ibram X. Kendi

Is This Anything?

by Jerry Seinfeld

Just Mercy: A Story of Justice

and Redemption

by Bryan Stevenson

Knowing God

by J.I. Packer

Let's Go (So We Can Get Back)

by Jeff Tweedy

Music: A Subversive History

by Ted Gioia

Pandora's Lab: Seven Stories of Science Gone Wrong

by Paul A. Offit, MD

Sapiens

by Yuval Noah Harari

Shrill: Notes from a Loud Woman

by Lindy West

Reach Everyone, Teach Everyone: Universal Design for Learning in Higher Education

by Kirsten T. Behling & Thomas J. Tobin

The Color of Water: A Black Man's Tribute to His White Mother

by James McBride

The Glass Castle

by Jeannette Walls



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NON-FICTION

The Culture Code

by Daniel Coyle

The Hitchhiker's Guide to the Galaxy

by Douglas Adams

The Moment of Lift

by Melinda Gates

The Person You Mean to Be:

How Good People Fight Bias

by Dolly Chugh

The Science of Leonardo

by Fritjof Capra

The Woman Who Smashed Codes

by Jason Fagon

Undermining Racial Justice: How One

University Embraced Inclusion and Inequality

by Matthew Johnson

Untamed

by Glennon Doyle

Vibrate Higher

by Talib Kweli

White Rage

by Carol Anderson

White Reconstruction: Domestic Warfare and the Logics of Genocide

by Dylan Rodriguez

*Thank
you!*

Andrea Rentz | Anna Taylor | Brian Derstine | Brian Vaught
Bridget O'Connor | Courtney Inch | David Paris
Emalie | Gillian Cady | Irene Knokh | Jacob Sheets | Janice C
Julia Morrissey | Kathryn Shindeldecke | Lamia Marouf
Lou Bigliardi | Myra | Midhhath Afza | Robin PSharon DeLuca |
Sue Oblender | And several anonymous submissions



Michigan Medicine Reading List



FICTION

11.22.63

by Stephen King

A Constellation of Vital Phenomena

by Anthony Marra

A Gentleman in Moscow

by Amor Towles

A Ladder to the Sky

by John Boyne

A Long, Long Time Ago and Essentially True

by Brigid Pasulka

A Man Called Ove

by Frederik Backman

A Natural History of Dragons

by Marie Brennan

A Spark of Light

by Jodi Picoult

Americanah

by Chimamanda Ngozi Adichie

Atomic Lobster

by Tim Dorsey

Beneath a Scarlet Sky

by Mark T. Sullivan

Beware of Pity

by Stefan Zweig

Circe

by Madeline Miller

Court of Thorns and Roses series

by Sarah J Maas

Cutting for Stone

by Abraham Verghese

Daisy Jones and the Six

by Taylor Jenkins Reid

Dandelion Wine

by Ray Bradbury

Firefly Lane

by Kristin Hannah

Good Omens

by Neil Gaiman and Terry Pratchett

Group: How One Therapist and a Circle of Strangers Saved My Life

by Christie Tate

Howl's Moving Castle

by Diana Wynne Jones

In The Woods

by Tana French

Lamb: The Gospel According to Biff, Christ's Childhood Pal

by Christopher Moore



Michigan Medicine Reading List



FICTION

Mars

by Ben Bova

Mexican Gothic

by Silvia Moreno-Garcia

Miss Benson's Beetle

by Rachel Joyce

Neverwhere

by Neil Gaiman

Ninth House

by Leigh Bardugo

Red, White, and Royal Blue

by Casey McQuiston

Revelation Space

by Alastair Reynolds

Shock

by Robin Cook

Small Great Things

by Jodi Picoult

Song of Achilles

by Madeline Miller

Station Eleven

by Emily St. John Mandel

Still Life

by Louise Penny

Stone Butch Blues

by Leslie Feinberg

The Art of Racing in the Rain

by Garth Stein

The Book of Lost Things

by John Connolly

The Book Woman of Troublesome Creek

by Kim Michele Richardson

The City of Brass

by S.A. Chakraborty

The Dutch House

by Ann Patchett

The Fifth Season

by N.K. Jemisin

The Great Alone

by Kristen Hannah

The Heart's Invisible Furies

by John Boyne

The Huntress

by Kate Quinn

The Last Unicorn

by Peter S. Beagle

The Magic Strings of Frankie Presto

by Mitch Albom

The Martian

by Andy Weir



Michigan Medicine Reading List



FICTION

The Midnight Library

by Matt Haig

The Nightingale

by Kristin Hannah

The Orphan Mother

by Robert Hicks

The Overstory

by Richard Powers

The Pillars of the Earth

by Ken Follett

The Poisonwood Bible

by Barbara Kingsolver

The Power

by Naomi Alderman

The Signature of All Things

by Elizabeth Gilbert

The Storyteller

by Jodi Picoult

The Things They Carried

by Tim O'Brien

The Trespasser

by Tana French

The Underground Railroad

by Colson Whitehead

The Vanishing Half

by Brit Bennett

The Walk- Series

by Richard Paul Evans

The Weight of Ink

by Rachel Kadish

The Widow of the South

by Robert Hicks

This Is How It Always Is

by Laurie Frankel

This Tender Land

by William Krueger

Utopia Avenue

by David Mitchell

The Women of Copper Country

by Mary Doria Russel

What the Wind Knows

by Amy Harmon

Where the Crawdads Sing

by Delia Owens

Winter Garden

by Kristin Hannah

Front Desk

by Kelly Yang



Michigan Medicine Reading List



Fiction, Memoir,
Children's books,
graphic novels & more!

Guts

by Raina Tegemeier

Harry Potter and the Sorcerer's Stone

by J.K. Rowling (THE AUDIO VERSION)

Immoral

by Brian Freeman

Into the Magic Shop: A Neurosurgeon's Quest to Discover the Mysteries of the Brain and the Secrets of the Heart

by James D.

Kitchen Confidential

by Anthony Bourdain

One Hundred Years of Solitude

by Gabriel García Márquez

Sassafrass, Cypress & Indigo

by Ntozake Shange

Sisters

by Raina Tegemeier

Slay

by Brittney Norris

The Atomic City Girls: A Novel

by Janet Beard

The Book of Lost Names

by Kristin Harmel

The Chronicles of Prydain

by Lloyd Alexander

The Last Days of Night

by Graham Moore

The Search for Delicious

by Natalie Babbitt

The Silent Patient

by Alex Michelides

The Place I Know Best

by Gregory L Bauer

The Pout-Pout Fish

by Deborah Diesen

The Young Lions

by Irwin Shaw

The Wife

by Alafair Burke

*Thank
you!*

Alan Young | Amy Henson | Andrea Rentz | Ann Marie | Anna Kreiner | Ashley Bushner | Barbara Turgyan | Brian Minnich | Basila Moochickal Assainar | Cary Lieffers | Charlene Eagle | DeAnn VanSickle | Deanna Wadley | Diane Petronio | Donna Read-Munro | Elizabeth Hershey | Elyssa Daniel | Emily | Feyi Adunbi | Gauthami Pulivendala | Gregory Dalack | Gretchen Aland | Irene Knokh | Jaclyn | Jacob S | Janice C | Jaque King | Jennie Miller | Jesse Swan | Jill Noble | Jole' Mowry | Julia Morrissey | June Wilson | Karen Delaney Myers | Kathy Olbrich | Katie Rose Lozon | Katie Whitney | Keely Broughman | Kim Rize | Krystn Fella | Laura Petersen | Lauren Shellenberger | Lynsey Clark | Lisa Reppenhagen | Lisa Reber | Lisbeth Harcourt | Liz Rodriguez | Lou Bigliardi | Lynsey Clark | Madsen Zimbric | Martha Klobucar | Mason Stevenson | Meghan | Melissa Rodnick | Mike Jacobs | Molly | Myra Chopp | Sara | Sarah Dix | Sean Eddy | Sharon DeLuca | Sharon Murphy | Steven Thelen-Perry | Tamra Kutter | Valerie Wasson



Michigan Medicine Reading List



SELF-HELP/
INSPIRATIONAL

A Mind of Your Own: The Truth About Depression and How Women Can Heal Their Bodies to Reclaim Their Lives
by Kelly Brogan and Kristin Loberg

A Course in Miracles
by Helen Schueman, PhD

A New Earth
by Eckhart Tolle

Becoming
by Michelle Obama

Dare to Lead
by Brené Brown

Daring Greatly: How the Courage to Be Vulnerable Transforms the Way We Live, Love, Parent, and Lead
by Brené Brown

Dying to Be Me
by Anita Moorjani

Girl, Wash Your Face: Stop Believing the Lies About Who You Are So You Can Become Who You Were Meant to Be
by Rachel Hollis

Girl, Stop Apologizing: A Shame-Free Plan for Embracing and Achieving Your Goals
by Rachel Hollis

In Defense of Food: An Eater's Manifesto
by Michael Pollan

In Shock: My Journey from Death to Recovery and the Redemptive Power of Hope
by Rana Awdishh

Loving What Is
by Byron Katie

My Grandmother's Hands: Racialized Trauma and the Pathway to Mending Our Hearts and Bodies
by Resmaa Menakem

Talking to Strangers
by Malcolm Gladwell

Think Like a Monk
by Jay Shetty

The Bible



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SELF-HELP/
INSPIRATIONAL

**Tiny Habits: The small changes
that changes everything**
by BJ Fogg, PhD

**THE COVID DIARIES: The Last
Days of My Normal**
by Monica Hickson, MA

The Gifts of Imperfection
by Brene Brown

**The Happy Satanist: Finding Self-
empowerment**
by Lilith Starr

The Power
by Naomi Alderman

The Poisoner's Handbook
by Deborah Blum

The Signature of All Things
by Elizabeth Gilbert

Untamed
by Glennon Doyle

When Breath Becomes Air
by Paul Kalanithi

*Thank
you!*

Andrea Rentz | Andrew Smith | Ann Slater | Debbie | Irma Mireles | Jenny Weber
| Joe Lipa | Kasey Frost | Katie Grzyb | Laura Whisenant | LaTonya Berryhill |
Ruth Ann Buntin | Melissa Mietzel | Myra | Rebecca Widdick | Sarah Dix | Steve
Morrison | Sharon Walker